

Long Melford Church of England Primary School and Nursery

Weekly Update – Friday 5th September 2025

Upcoming Dates for Week commencing 8th September

Monday 8th September	Y4 Clarinet lessons (and Y5 "Play on") Band Academy
Tuesday 9th September	Y5 Visit Sudbury Gymnastics Club Dance Club
Wednesday 10th September	
Thursday 11th September	Y6 Swimming Art Club
Friday 12th September	Band Academy

Weekly Attendance

to 5/9/25

Reception	n/a
Year 1	94.1%
Year 2	99.4%
Year 3	91%
Year 4	95.8%
Year 5	100%
Year 6	96.4%



If your child is ill, please ring the school and leave a message **even if your child is in Nursery**. Thank you.

Welcome back!

I hope that you all had a great Summer. It has been lovely to see all our children back in school this week.

It has been especially good to be able to welcome all our new children in Fox Class and Nursery, as well as across the school.

This year we have welcomed a new adult to our staff team, Miss Katie Buckmaster. Miss Buckmaster is a student teacher and will be part of Fox Class for the year.

Next week, I hope to get round more classes with my camera so that we can share with you what is happening inside school.

Kind regards

Amanda Woolmer

Our Christian Value is

Perseverance

The Club Timetable will come out this week.

Staff led clubs will start on Monday 15th September due to training after school this week.

Dinner Menu week commencing 8/9/25

	Core Menu	Allergen Free Menu
Monday	BBQ Sweetcorn Pizza or Macaroni Cheese or Jacket Potato with Cheese, Beans or Tuna Mayo or Hot Pasta with Tomato Sauce	BBQ Sweetcorn Wedges or Jacket Potato with Beans and Salad or Crispy Skin Jacket Potato
Tuesday	Cheesy Meatball Bake or Veggie Pie or Jacket Potato with Cheese, Beans or Tuna Mayo or Hot Pasta with Tomato Sauce	Meatball Bake or Veggie Pie or Crispy Skin Jacket Potato
Wednesday	Roast Chicken or Cheese and Potato Pie or Jacket Potato with Cheese, Beans or Tuna Mayo or Hot Pasta with Tomato Sauce	Roast Chicken or Mushroom and Sweet Potato Sausages or Crispy Skin Jacket Potato
Thursday	Lasagne or Veggie Ratatouille or Jacket Potato with Cheese, Beans or Tuna Mayo or Hot Pasta with Tomato Sauce	Chilli Con Carne or Veggie Ratatouille or Crispy Skin Jacket Potato
Friday	Fish Fingers and Chips or Veggie Fingers and Chips or Jacket Potato with Cheese, Beans or Tuna Mayo or Hot Pasta and Tomato Sauce	BBQ Chicken or Veggie Bean Patty or Crispy Skin Jacket Potato

Certificate Winners

Fox Class – Whole Class

Simmonds Class – Whole Class

Jemison Class – Whole Class

Earhart Class – Whole Class

Malala Class – Whole Class

Attenborough Class – Whole Class and Alex

Bowie Class – Whole Class



Well Done Everyone!



This week, we have been so impressed how all our children have come straight back into school ready to learn. In assembly, class teachers said some lovely things about our children and all gave certificates to the whole class!

Simmonds Class

Well done to all of Simmonds Class this week. You have been awesome, and I have seen teamwork, resilience, sharing, kindness, and beautiful exploring, playing, learning and choosing. What a great start!

Mrs Aitken



Jemison Class

Jemison class have settled beautifully into Year 2. They have been working extremely hard this week. We have learnt about Mae Jemison and have written some fantastic facts about her. Maybe they can share a fact about her at home. Well done everyone!

Mrs Grant



Earhart Class

Earhart class have made a fantastic start to year 3 and have been very busy learning and creating. The children have shown excellent learning behaviours, politeness and a can-do attitude! We have done some art, TT Rockstars, maths, English, PSHE and much more. I am so proud of how well they have all settled in and I know we have a brilliant year ahead of us - a huge well done to Earhart class!

Miss Cook

Malala Class

We are so proud of how Malala Class have settled in this week. There's been a real buzz of excitement as the children returned to school! They've dived straight into their writing, producing some brilliant paragraphs inspired by our new class book. In maths, we've kicked off our unit on place value and enjoyed practising with TT Rockstars. The children also created fantastic drawings of Jeffrey the Maggot's journey, which brought lots of smiles. Mrs Russell and Mrs Edwards have loved getting to know everyone, and we're looking forward to a fabulous year ahead!

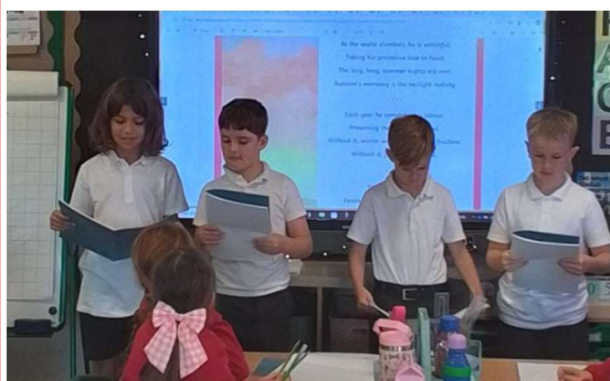
Mrs Russell

Attenborough Class

Attenborough class have started the new year with such enthusiasm and positivity. They have worked hard on cold tasks, assessments and art work. They have adapted harvest poems and come up with such thoughtful and powerful vocabulary.

I have been so impressed with the learning powers they display and the kindness they show towards each other. This year is set to be a good one!

Mrs Brackett



Bowie Class

Year 6 have approached the start to their last year with great maturity. Even though they have been faced with practice SATs papers they have held their humour and spirits high. They have really enjoyed the poetry book we studied this week: The Lost Words, and subsequently produced some stunning Haikus on Blackberries and art work to match. We are super proud of you year 6- keep it up!

Mrs Cameron

Fox Class – First Day in Reception

What a lovely day we had in Fox Class on Wednesday! There were lots of smiles and children enthusiastically exploring the classroom. We could have done without the rain, but several children told the rain to go away ... and sure enough, we had a little bit of sun!

The new Fox Class are a lovely class and we look forward to seeing how they develop across the year!



Nursery

I had a lovely time in Nursery on Wednesday. I had lots of people wanting to play with my camera! I made a new friend – a fabulous Ladybird puppet!



Facebook

Our school has a Secret Facebook Group. If you would like to join the group, please give the school office the email address that is linked to your Facebook account. We will then send you a link that you can click on. The link should take you to the About page, where you can request to join. We will the administer your application.

On our Facebook Page we put notices as well as photos.

Gymnastic Sessions at Sudbury Gymnastics Centre – Year 5

On Tuesday 9th September, Attenborough Class will start their six weeks Gymnastics sessions at the Sudbury Gymnastics Centre. Each Tuesday, they will travel to the Gym at Ballingdon Hill, will be taught by the Gymnastic coaches and will use all the gymnastic resources. They will return to school by 2.30pm.

Please ensure that your child has their water bottle in school.

Swimming – Year 6

On Thursday morning, Bowie Class will start swimming lessons at the Kingfisher Pool. Lessons will be once a week for the entire term.

Please ensure that your child brings a swimming costume and towel into school on that day in a waterproof bag. Goggles may be worn if your child usually swims with goggles. Swimming hats should be worn by all children and can be purchased from the school office (please see the My Child At School app). There are only a very limited number of hats available from school.

No jewellery may be worn; please ensure that your child can remove his/her earrings if they are wearing them.

Year 6 children can bring snack with them to the pool and can eat the snack after they have dried and changed back into their uniform.

The children will be transported to and from the Kingfisher Pool by coach and will be back in school in time for lunch.

Universal Free Breakfast Club

At school we are continuing to run our Universal Free Breakfast Club for Reception to Year 6 children from 8:10am. This Breakfast Club is part of the Government's trial and will run until the end of March 2026.

Rainbow Club Breakfast Club runs as normal from 7:30am – charges will apply for 40 minutes for Reception to Year 6 children.

Breakfast Club is also open as normal from 7:30am for Nursery children. Nursery children have NOT been included in the Government's Free Breakfast Club trial, so are charged a fee from 7.30 to 8.40am.

Places can be booked on the My Child At School app.

TRISUDBURY JUNIOR SUMMER SERIES



5th September 2025

Duathlon
Run/Bike/Run

19th September 2025

Aquathon
Swim/Run

12th September 2025

Aquabike
Swim/Bike

26th September 2025

Triathlon
Swim/Bike/Run

Registration open: 18:00pm

Start: 18:30pm

Entry details to follow
for further info Contact: david.mcmahon@trisudbury.com
Tel: 07 368 810006

Year 6 Hoodies

**Please be aware that the Year 6
Hoody Shop will close on
MONDAY 8TH SEPTEMBER**

Upcoming Dates:

Tuesday 23rd September 2.15pm Meet the
Teacher Session for Years 1 and 2

Wednesday 24th September 2.15pm Meet
the Teacher Session for Years 5 and 6

Thursday 25th September 2.15pm Meet
the Teacher Session for Years 3 and 4

Friday 26th September Flu Immunisations
for Reception to Year 6

Wednesday 8th October School
Photographs

Child and Adolescent Mental Health Parent Workshops

NHS
Norfolk and Suffolk
NHS Foundation Trust

Free virtual workshops:

- Sleep
- Anxiety
- Building Confidence
- Emotional Regulation
- Emotion Based School Avoidance
- Understanding and Supporting Behaviour



Access here: [Parent Workshops booking link](#)

**A dates list for the School Year will come
out next week.**

Year 5 and 6 PE

Our older children's bodies are developing and they need privacy when they are changing. Unfortunately, we no longer have enough room available for them to have this privacy in school.

For this reason, we are trialling letting Year 5 children come to school on Monday and Tuesdays in their PE kits. Year 6 children can come to school on Tuesday in their PE kits. They will remain in their PE kits all day.

The link to book this event can be found on the post on the Facebook Group.



Looking to buy good
quality
second-hand children's
clothes and toys?
Clothes from newborn to 8years



Pre-loved Market

Long Melford Village Hall

Sunday 14th September

FREE
ENTRY

10am - 12pm

CASH
EVENT



07982996422



@JTD_mumfit



jo.h.thornley@gmail.com

<https://bookwhen.com/jtdmumfit>



Having a summer clear out? Got good quality clothes and toys you no longer need or children no longer play with? Maybe your teen is wanting to get some extra money for their old toys! Grab a table for £12 and take home all the money you make 🍷
Do you own a small business with the audience of children or parents? Grab a table for £15 and sell directly to your target audience 🍷

Parking

Please make sure that you part considerately within the local area when dropping your children off or picking them up from school.

Please ensure that you do not:

- Park in marked disabled bays
- Park across people's driveways
- Park on a junction
- Park on the kerb / footpath so that people are unable to walk on the path past your car

When dropping / picking up your child at school, including from Breakfast or After School Clubs, if bringing your vehicle on-site, please drop off and then leave – we have a minimum number of parking bays that parents can use and that disabled people, or people with children with disabilities can use, please do not block these spaces by chatting!

Out of School Achievements

If your child achieves something outside school, we would like to celebrate it! Please send the information and a picture to the school office – office@longmelfordprimaryschool.co.uk



Albert's Awesome Sporting Behaviour

During the holidays, Albert attended the Gibbs Football Camp with his friends.

At the end of the day, he got an award for 'Respect'. Respect that he showed to his team mates, all the other players and the football coaches.

A huge thank you to Albert's Mum for letting us know about Albert's achievement. She said that she was very proud of him and so are we!

Well done Albert - you are a star!

Isaac, our Fabulous U9 Cricketer of the Year

Isaac wrapped up his cricket season with Sudbury by taking part in a Kwik Cricket tournament at the beautiful grounds of Copford Cricket Club. His team played brilliantly and to top off a great day, Isaac was awarded the U9 Player of the Year. Well done, Isaac! He's thoroughly enjoyed his season and is already looking forward to moving up to hardball next year.

Huge congratulations Isaac for being awarded U9 Player of the Year; it is very well-deserved. We are very proud of you.



Alfie's Amazing Karting Achievements

During August, Alfie took part in the RTS East Anglian Championship. He finished 2nd, 8th and 6th during the races and then 2nd in the Final. Alfie also took part in the Southern Championship in Bournemouth, a track that he had never raced on before. On the Saturday he achieved 2nd, 2nd and 3rd and then 2nd in the finals on Sunday. Well done Alfie, we are very proud of you.

Charlie's fantastic Footballing Opportunity

After a successful trial in the Summer, Charlie has been offered a place at the Elite Player Development Centre with Ipswich Town Football Club.

He has played his first tournament with them and was even asked to play up a year and play for the U11s.

Well done Charlie, a great achievement. We are all very proud of you.






READY TO LEVEL UP YOUR SWIMMING?

JOIN HSSC FOR 3 FREE TASTER SESSIONS & SEE WHAT COMPETITIVE CLUB SWIMMING IS ALL ABOUT.

FOR AGES 8 TO MASTERS – THIS IS YOUR CHANCE TO DIVE IN!

- ✓ IMPROVE YOUR TECHNIQUE & STAMINA
- ✓ TRAIN WITH EXPERIENCED, SUPPORTIVE COACHES
- ✓ PUSH YOURSELF IN A FUN, TEAM-FOCUSED ENVIRONMENT
- ✓ MEET LIKE-MINDED PEOPLE AND MAKE NEW FRIENDS
- ✓ OUR SWIMMERS SWIM FOR FITNESS, COMPETE AT SWIM MEETS, TRIATHLON, OPEN WATER & TETRATHLON
- ✓ EVENING & WEEKEND SESSIONS IN HADLEIGH & SUDBURY
- ✓ FLEXIBLE TASTER DATES
- ✓ ALL WELCOME — NO OBLIGATION TO JOIN

INTERESTED? HADLEIGHSCINFO@GMAIL.COM

SCAN ME



Upcoming Church Services

7th Sep

Back to School Family Service
10.30am - 11.30am
Holy Trinity Church, Long Melford

14th Sep

'Wild Church' Outdoor Service
3.00pm - 4.30pm
Foxearth Meadows Nature Reserve

21st Sep

'Shine' Informal Worship
4.00pm - 5.00pm
Holy Trinity Church Long Melford

28th Sep

Traditional Holy Communion
10.30am-11.30am
Holy Trinity LM (with children's area)

5th Oct

Family Harvest Festival
10.30am - 11.30am
Holy Trinity Long Melford

ALL WELCOME!

Children and families, young and old are welcome at **all** services.

For more details please see www.longmelfordchurch.com or call our family worker Pam on 07890 880 976. Revd Lawson



Suffolk Parent Carer Forum

Invites parents and carers to take part in our

ARFID

(Avoidant Restrictive Food Intake Disorder)

Peer to Peer Support Group

The purpose of this session is for general parent and carer peer to peer discussion around ARFID.

Thursday 11th September 10:30AM – 12PM

This is a virtual meeting hosted on Microsoft Teams and requires registration. If you would like to participate, please E-mail info@suffolkpcf.co.uk to register your interest in attending.

Registration Closes Wednesday 10th September at 2PM



Working towards a brighter future for
Suffolk's children and young people

suffolkpcf.co.uk 01473 760933 info@suffolkpcf.co.uk



Suffolk Parent Carer Forum

Invites parents and carers to our

SENDIASS Information Group

(Special Educational Needs and Disability Information Advice and Support Service)

This session is an opportunity for parents and carers to meet the SENDIASS team, to ask questions, find out about the service and how they support SEND families in Suffolk.

Thursday 11th September 1:30PM – 2:30PM

This is a virtual meeting hosted on Microsoft Teams and requires registration. If you would like to participate, please E-mail info@suffolkpcf.co.uk to register your interest.

Registration Closes Wednesday 10th September at 2PM



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