

Long Melford Church of England Primary School and Nursery

Weekly Update – Thursday 23rd October 2025

Upcoming Dates for Week commencing 3rd November

Monday 3rd November	Y4 Clarinet Lessons Band Academy Netball Club Colouring Club Library Club
Tuesday 4th November	Y4 Visit Sudbury Gymnastics Club Dance Club Lego Club Singing Club Building Club
Wednesday 5th November	Y3-6 Football Club
Thursday 6th November	Y6 Swimming Art Club Myth, Monster and Magical Creature Club Choosing Club Y1 and Y2 Football Club Y6 Writer's Club
Friday 7th November	Girls' Football Club Band Academy

Weekly Attendance

to 23/10/25

Reception	100% 
Year 1	95%
Year 2	95%
Year 3	97%
Year 4	94%
Year 5	96%
Year 6	96%

If your child is ill, please ring the school and leave a message **even if your child is in Nursery**. Thank you.

This week's House Winners:

Earth
and
Water

Dinner Menu week commencing 03/11/25

	Core Menu	Allergen Free Menu
Monday	Cheese and Tomato Pizza or Baked Sweetcorn Fritters or Jacket Potato with Cheese, Beans or Tuna Mayo or Hot Pasta with Tomato Sauce	Tomato and Basil Chicken or Veggie Stir Fry or Crispy Skin Jacket Potato with Veggie Bolognese or Baked Beans
Tuesday	Meatball Marinara Pasta or Cheesy Pea Frittata or Jacket Potato with Cheese, Beans or Tuna Mayo or Hot Pasta with Tomato Sauce	Meatball Marinara Pasta or Roast Veg and Butter Bean Traybake or Crispy Skin Jacket Potato with Veggie Bolognese or Baked Beans
Wednesday	Roast Chicken or Roasted Vegetable Strudel or Jacket Potato with Cheese, Beans or Tuna Mayo or Hot Pasta with Tomato Sauce	Roast Chicken or Mushroom and Sweet Potato Sausages or Crispy Skin Jacket Potato with Veggie Bolognese or Baked Beans
Thursday	Bangers and Mash or Veggie Bangers and Mash or Jacket Potato with Cheese, Beans or Tuna Mayo or Hot Pasta with Tomato Sauce	Cottage Pie or Shepherdless Pie or Crispy Skin Jacket Potato with Veggie Bolognese or Baked Beans
Friday	Fish Fingers And Chips or Cheesy Bean Wrap or Jacket Potato with Cheese, Beans or Tuna Mayo or Hot Pasta with Tomato Sauce	Southern Fried Chicken or Veggie Bean Patty or Crispy Skin Jacket Potato with Veggie Bolognese or Baked Beans

Certificate Winners



Fox Class - Whole Class

Simmonds Class – Charlie and Joseph

Jemison Class – Freddie, Ezra and Wilf

Earhart Class – Poppy, Ruby and Oscar B

Malala Class – Bobbie, Ida, Josh and

Lochlann

Attenborough Class – Wilf, Emma and Pippa

Bowie Class – Aoife and Noah-Samuel

Well done everyone!



Congratulations to all our certificate winners!

Our Christian Value is

Perseverance

Congratulations to everyone in Earth and Water Houses – this is the first time that I can remember that we have had a draw for the winners of the House Point Trophy!



Therapy Dog called Novel

Hannah Walmsley works with Dementia patients and trains therapy dogs to work with them in a supportive and therapeutic role. She is currently working with Novel who has just started her training to work in a therapy role. As part of this training programme, I have agreed that Hannah can bring Novel onto the school site at drop off and pick up times. Novel will wear a high viz vest and be on a lead at all times, completely under control and not posing a risk or threat. If anyone wants to approach her they can, but she won't be approaching people herself.

Bikeability

During the last couple of weeks, our Year 6 pupils have been working hard to achieve their Level 1 and Level 2 Bikeability Awards.

The sessions have included writing on the roads around Long Melford, learning to start and stop with more confidence, pass stationary vehicles parked on a road and to understand the road including signals, signs and road markings. They have also been learning to negotiate the road: including quiet junctions, crossroads and roundabouts whilst sharing the road with other vehicles.

The children in our third group will complete their course after half term due to the postponement caused by Storm Benjamin.





Out of School Achievements

If your child achieves something outside school, we would like to celebrate it! Please send the information and a picture to the school office – office@longmelfordprimaryschool.co.uk

Amazing footballing performance!

Charlie played for the Ipswich Town Elite Player Development Squad over half term against Aston Villa Shadow Squad. They put in a fantastic performance, but unfortunately lost 7-3. Charlie played extremely well and came close to scoring on a number of occasions.

Well done Charlie, we are really proud of you!

Children's University

The Children's University (CU) is a charity that works in partnership with schools to develop a love of learning in children. They do this by encouraging and celebrating participation in extra-curricular activities in and outside of school.

In order to reward engagement in activities, there is a 'time credit' for all the learning that the children do and all the clubs that the children attend, eg swimming club, Squirrels, Beavers, Football etc. Once your child has collected 30 hours of 'time credits' they will be able to graduate from the Children's University.



In September I signed up all our after school clubs (except Rainbow Club as it does not count), as Learning Destinations, so many of our children have already been gaining learning credits towards a graduation.

Every time your child attends a club outside of school, I would ask that you keep a log of the time and date on the attached form. If you could complete one for September and October and return it to the School Office or to send it to me at office@longmelfordprimaryschool.co.uk by the 14th November. I will collect the forms and log the 'time credits' on a copy of the Children's University passports. On a second form, if you can log the date and times for November and December, I would ask these to be returned by the 12th December.

The last graduation ceremony that we attended was held at Kentwell Hall before the lockdown. This year it will be held at Holy Trinity Church during the Summer Term.

Children's University is a great way to celebrate children being engaged with their learning in lots of different areas that we might not cover in school. Children of all ages are able to take part.

In addition to the time credits that can be earned through attending clubs or activities, time credits can be achieved through carrying out activities. For this half term we have set four activities that our children can complete. For each activity, the children can bring what they have made into school to show me, or you can send me an email with a photo or video showing what they have done.

Activities:

Make a Bird Feeder: 2 hours of Learning Credits

This challenge idea comes from the RSPB. They have described it as sticky fun for you and a warming, winter treat for the birds!

For more information and ideas about how to make a bird feeder, please follow the link:

<https://www.rspb.org.uk/helping-nature/what-you-can-do/activities/food-and-water-for-wildlife>

Activity: Leaf rubbing



Step by step guide

1. Collect 5 different leaves from your garden, local park or school playground. Look at the texture and features of each leaf. Can you identify what type of tree, plant or bush each leaf has come from?
2. Place 1 leaf on a hard surface and place a white sheet of paper over the leaf.
3. Using a crayon, pastel pencil or marker on its side, gently rub over the paper and leaf. Notice that you will be 'drawing' the leaf on the paper.
4. Repeat with the other leaves that you have collected. Use different colours for each leaf.
5. Turn your 5 different leaf rubbings into one leaf masterpiece.

Evidence

Stick your masterpiece on the next page.

CU Category

Social, Community & Environment

This activity is worth

1 Learning Hour



Activity: Write a short story



What do you have to do?

Are you a budding author? Write a one page story. Think of an idea and let your imagination run wild! Plan your story and create your characters. Think about the setting and what will happen. Break it down into start, middle and end. Don't forget you will need to think of an interesting title that will engage your readers. Have fun and good luck!

Evidence

Once you have written your story take it into school for your teacher to read. You may be able to read it out in class. For an extra learning hour, design a front cover for your story on the next page. Don't forget to include the title of your book and your name as author.

CU Category

Academic

This activity is worth **2 Learning Hours**

You can earn an additional **1 Learning Hour**

for designing a front cover



Optical Illusion: Up to 2 hours of Learning Credits

An optical illusion is something that deceives (tricks) the eye but appearing to be something other than it is. The challenge is to create an optical illusion using:



- white cardboard (check the recycling),
- pencils or colouring pens,
- glue or tape and
- a straw or a pencil.

Instructions from Science Sparks can be found if you follow the link below:

<https://www.science-sparks.com/wp-content/uploads/2022/01/Optical-Illusion-A4.pdf>

Once you have made it, share your results with us.

Using the information that you have learned, the second part of the challenge is to create your own optical illusion and share this with us for an additional hour of learning credit.

Good luck with the activities. I look forward to seeing the results!

Mrs Woolmer



★ Join us at the FLuMPS AGM! ★

We warmly invite all parents and guardians of children at Long Melford Primary School to our Annual General Meeting.

**Wednesday 12th November
2-3pm**

Come along to:

- ✓ **Hear about the amazing work FLuMPS has done this year**
- ✓ **Share your ideas for future events and fundraising**
- ✓ **Find out how you can get involved to support our school**



FREE tea, coffee & cakes will be served!

FLuMPS is a friendly team, raising vital funds to enrich our children's learning. Whether you can spare a little time or a lot, your support makes a big difference.

Poppy Appeal

We will be selling poppies each day between now and Remembrance Day.

The Poppies will be on sale at Breakfast Club and in the hall at the start of the school day (at 8.40am).

The Royal British Legion has given us a box containing poppies, snap bands, reflectors and festival bracelets.

The prices are:

Rulers (snap-bands): £2 each.

Reflectors and Bracelets £1 each.

Poppies: a donation.



Long Melford Remembrance Parade 2025 - 9th NOVEMBER 2025

Long Melford Church of England Primary School will be attending the Long Melford Remembrance Parade and Church Service. Our school is able to join the parade and our Head (or Deputy) girl and boy lay a wreath on behalf of the school.

The Parade will start at The Old School and children need to meet us there between 10am and 10.10am. At 10.20am the Parade will leave the Old School to go to the Church. It will be led by a Lone Piper and follow the footpath, crossing the road outside the Black Lion, and continuing to Church. After the Church Service, we will join the Parade back to the Old School.

*Earlier in the Weekly Update, I set four challenges for activities that could be carried out to gain Learning Credits towards the Children's University Graduation. **Attending the Long Melford Remembrance Parade (as a Squirrel, Beaver, Cub, Brownie, Rainbow, Scout, Guide or as part of school) is the fifth challenge and will earn you 1 hour of Learning Credit.***

