

Long Melford Church of England Primary School and Nursery

Weekly Update – Friday 25th September 2026

Upcoming Dates for Week commencing 28th September

Monday 28th September	Year 4 Clarinet Lessons Choccy, our Reading Dog with Year 3
Tuesday 29th September	Year 5 Visit to Sudbury Gym 3.15pm Jenny Pendrill's Dance Club
Wednesday 30th September	Fox Class – Forest School
Thursday 1st October	School Dinner – Golden Ticket Day 2.15pm - Fox Class Phonics Meeting Tom Potter's Music Lessons 3.15pm Band Academy 3.15pm Phillippa Gunn's Art Club
Friday 2nd October	Year 5 and 6 World War II Workshops in the School Hall 3.15pm Y5 and 6 Cake Sale

Weekly Attendance

to 25/9/26

Reception	97%
Year 1	98% 
Year 2	93%
Year 3	96%
Year 4	92%
Year 5	96%
Year 6	96%

If your child is ill, please ring the school and leave a message **even if your child is in Nursery**. Thank you.

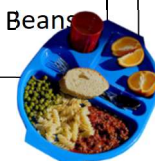
This week's House Winners:

Fire

Our Christian Value is
Perseverance

Dinner Menu week commencing 28/9/26

	Core Menu	Allergen Free Menu
Monday	All Day Brunch with Sausage or All Day Veggie Brunch or Jacket Potato with Cheese or Beans or Hot Pasta and Tomato Sauce	All Day Brunch or All Day Veggie Brunch or Jacket Potato with Cheese or Beans or Hot Pasta and Tomato Sauce
Tuesday	Chicken Pasta Bake or Cheese and Bean Wrap or Jacket Potato with Cheese or Beans or Hot Pasta and Tomato Sauce	Chicken Pasta Bake or Veggie Bolognese or Jacket Potato with Cheese or Beans or Hot Pasta and Tomato Sauce
Wednesday	Roast Gammon or Roasted Vegetable Crown or Jacket Potato with Cheese or Beans or Hot Pasta and Tomato Sauces	Roast Gammon or Roast Veggie Patty or Jacket Potato with Cheese or Beans or Hot Pasta and Tomato Sauce
Thursday	Golden Ticket Day – see flyer in Newsletter This meal will be FREE OF CHARGE TO ALL PUPILS	Golden Ticket Day – see flyer in Newsletter This meal will be FREE OF CHARGE TO ALL PUPILS
Friday	Fishcake and Chips or Margherita Pizza or Jacket Potato with Cheese or Beans or Hot Pasta and Tomato Sauces	Chicken and Chips or Cheesy Onion Potato Cakes and Chips or Jacket Potato with Cheese or Beans or Hot Pasta and Tomato Sauce



Certificate Winners

Fox Class – Autumn, Austin and Edward

Simmonds Class – Finn and Lottie

Jemison Class – Bert and Evie

Earhart Class – Ralph, Lyra and Freddie

Malala Class – Blake, Ethan and Poppy

Attenborough Class – Freddie and Ethan

Bowie Class – Alex, Pippa and Cleo

Well done everyone!



Well done to all our certificate winners and to everyone in Fire House for winning the House Point Cup again this week!

Letters sent out this week:

An online letter for Clubs was sent out this weekend.

Out of School Achievements

If your child achieves something outside school, we would like to celebrate it! Please send the information and a picture to the school office –

office@longmelfordprimaryschool.co.uk



Fabulous Footballing Award for Freddie!

Freddie won player of the match on Saturday after scoring two goals. His coach said he has shown commitment and has made so much progress. He was so proud of himself as are his Mum and Dad.

Everyone at school is proud of you too Freddie. Well done!

Year 6 – Swimming

Year 6 Swimming will start at Halstead on Thursday 8th October.

They will do ten weeks swimming which will be the same number of weeks that they would have done at the Kingfisher Pool. The final week will be Thursday 17th December.





Fox Class Phonics Meeting

Thursday 1st October
2.15pm

We look forward to seeing you!



FOX CLASS FOREST SCHOOL

Wednesday 30 September

Please send your child in suitable clothes for the forest:

- Long trousers and a long-sleeved top
- Layers for the weather
- Sturdy, comfortable shoes or wellies
- A waterproof coat if rain is likely

We look forward to exploring the woodland together!

Cake Sale

on Friday 2nd October at 3:15pm on the veranda outside of year 5 and 6.



"fundraiser for year 5 & 6 school trip"



WEST END DANCE CAMP

Join professional performer, Beth Curnock, who has just returned from the world tour of *Les Miserables*, for an action packed day designed to unleash your creativity, confidence and stage presence! A fantastic opportunity for young performers to improve skills, build confidence and experience musical theatre!

Monday 26th October
Colne Engine

Tuesday 27th October
Long Melford

9am - 3pm
Age 4 - 11 years
Performances at 2:45pm

£26 for a day workshop

Complete the Google form to book or email info@elizabethschoolofdance.com

♠ October Half Term Dance Camps ♠

Complete the Google form below or email to book your child's space!

<https://forms.gle/B7oZXXA68WwEoWzWA>



Lunch on Us!
Thursday 1st October
All Pupils are invited to join us for a special fun day lunch, **free of charge!**
Simply book in the usual way!
Enjoy a delicious meal of

Mains

Chicken Nugget Sub
Crunchy Topped Mac n Cheese

Sides

Skinny Fries
BBQ Beans

Dessert

Yummy Chocolate Pizza

Be in with a chance of finding a Golden Ticket and winning a prize!

**GOLDEN
TICKET DAY**



School Dinner - Menu change on 1st October

On Thursday it is School Census Day. This day is hugely important for schools as it is the day that provides the figures that will generate our budget for the 2026 to 2027 academic year.

We need your help – we get a grant that pays for KS1 Universal Free School Meals based on the number of children who have a school meal on Thursday 1st October. We need as many children in Reception, Year 1 and Year 2 as possible, to order a school meal. If your child prefers a packed lunch, please try school dinners on Thursday – the menu is a special one, with our Caterers offering a **FREE MEAL** to **ALL OUR CHILDREN**, as well as holding a special competition to find the Golden Tickets!

If your child is in Years 3, 4, 5 or 6 and is eligible for Free School Meals, I also need your child to have school dinner

on the Thursday. Again, we will receive money to pay for the free school meals based on the take up of school lunches on census day. If your child prefers a packed lunch, please try school dinners on Thursday – the menu is a special one, with our Caterers offering a **FREE MEAL** to **ALL OUR KS2 CHILDREN**, as well as holding a special competition to find the Golden Tickets!

A huge thank you to Miquill (our Caterers) for their help and support and thank you for your help in ensuring that we get the best budget that we can!

Year 1 Parents – Recycling wanted!

Mrs Aitken would like the Year 1 Parents to send in any recycling (boxes etc) so that Simmonds Class are able to make transport this week.

Mr Aitken says please only send in recycling if you are in Year 1 as he does not have enough room in the bins for any left-overs!

SENDIASS Information

SENDIASS (Special Educational Needs and Disabilities Information, Advice and Support Service) is an organisation available to parents and carers of children with SEND.

If you would like a copy of the flyer with the links for courses on it, please speak to Mrs Brown and she will forward you it in an email.

SENDIASS news, events and information items – 25/9/26

News and information items

1. Our response times – information for families

We are working at reduced capacity and experiencing a high volume of enquiries.

It's currently taking us up to 2 weeks to respond.

If you have already been in touch, please don't worry if you haven't heard back yet.

We will reply as soon as possible.
We are working hard to catch up.

Thank you for your patience.



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SENDIASS Information Sessions Autumn 2026

While we're reviewing the best ways to deliver our service to families, we have a limited offer of live training sessions for the summer. We have a comprehensive library of training and information videos, accessible at any time from our [SENDIASS YouTube channel](#) which we hope will help you.

Sessions for families



Understanding behaviour as a communication need

Hosted by SENDIASS and delivered by specialist teachers from the Speech, Language and Communication Service.

9th November 2026 10am – 11:30am

[Book a place](#)



Supporting children and young people to manage their emotions

Hosted by SENDIASS and delivered by specialist teachers from the Social, Emotional and Mental Health Service.

3rd December 2026 10am – 11:30am

[Book a place](#)



Personalised stories

Hosted by SENDIASS and delivered by specialist teachers from the Communication and Interaction Service

8th December 2026 10:30am – 11:30am

[Book a place](#)

Recordings of SENDIASS sessions, available at any time:

- [SEN support in early years settings](#)
- [SEN support for pupils with special educational needs \(SEN\)](#)
- [Preparing for Transition to Primary School](#)
- [Preparing for the transition to secondary school for children with SEN](#)
- [Education, Health and Care needs assessments webinar recording](#)
- [Drafting and Finalising an EHC plan](#)
- [Annual reviews of EHC plans](#)



SEND Stars After-School Roadshow

Free soft play, information and support for families

Join Sarah, our Family Support Team Lead, for a relaxed after-school support session for children and families.

While children enjoy free soft play, parents and carers can meet local SEND services, access advice, ask questions and explore support available.

Connect with other families in a safe, inclusive and supportive environment.

30th September 4pm - 6pm

Partyman World
9 Cavendish Street
Ipswich, IP3 8AX

Suitable for children under 12

Advanced booking is required. Pop us an email:
send@families-together-suffolk.org.uk



Organisations and services joining us on the day to share information, offer advice and answer your questions:

Activities Unlimited

Provides grants and support for inclusive activities, short breaks and personal budgets for children and young people

Suffolk Family Carers

Providing support and advice for parent carers

SENDIASS

Special Educational Needs and Disability Information Advice and Support Service

Ipswich Opportunity Group

Supporting families who have pre-school children with a wide range of additional needs

Harriet Wakeling, Assistant Director SCC

Strategic Partnerships & Children's Service Delivery Children and Young People's Services.

Suffolk County Council

Leading on co-production of a joint SEND Commissioning Strategy and would welcome views from families on what is important to them with regards to jointly commissioning services for children with SEND

Further information available regarding ND pathway via the local offer website
www.suffolklocaloffer.org.uk

Fox Class Photo

Every September, the East Anglian Daily Times runs a supplement called First Class Photos that schools can send a photo of their new Reception Class to. Fox Class will be in the First Class Supplement on 14th October.



KS2 - Changing for PE

During the Summer, new expectations for single-sex toilets in the UK (driven by a Supreme Court ruling) were introduced for all children aged 8 and above.

We have always been aware that getting changed for PE can make some of our KS2 children feel vulnerable and anxious. Puberty can start any time from the age of 8 years and children are very much aware of the differences in their bodies.

We have always respected those children who have asked if they can change somewhere privately and for the last year, we have let our Year 5 and 6 pupils come in to school dressed in their PE kits on the days that they have PE.

In an open plan school, private changing areas are difficult to find for half a class, so moving forward, we will allow all our pupils in Years 3, 4, 5 and 6 to come in to school in their PE kits on the day that they have PE.

The days will be confirmed this week.



🌟 Join us at the FLuMPS AGM! 🌟

We warmly invite all parents and guardians of children at Long Melford Primary School to our Annual General Meeting.

Wednesday 7th October
2.30 -3.00

Come along to:

- ✓ Hear about the amazing work FLuMPS has done this year
- ✓ Find out how you can get involved to support our school



FREE tea, coffee & cakes will be served!

FLuMPS is a friendly team, raising vital funds to enrich our children's learning. Whether you can spare a little time or a lot, your support makes a big difference.

School Harvest Festival – Wednesday 7th October

Rev Lawson will be coming to lead our Harvest Festival in school on Wednesday 7th October. For Harvest, we would like to collect food that we can send to Sudbury Storehouse in order to help support those people who may need help from the Food Bank. If you are able to donate any of the following items we would be very grateful.



SUDBURY STOREHOUSE Foodbank

GETTING READY FOR AUTUMN/ WINTER '26

We will be preparing for the Autumn/Winter season from September for members of our community who are experiencing food poverty.



- **Tinned Meals:**
- **Chicken curry**
- **Chicken in white sauce**
- **Stewed steak**
- **Chilli con carne**
- **Minced Beef and Onion**
- **Frey Bentos Pies**
- **Irish stew**
- **Tinned Hot dogs**
- **Tinned meatballs in tomato sauce**
- **Tinned Sausages in Beans**
- **Tinned Potatoes**
- **Tinned Carrots**
- **Tinned Peas**
- **Tinned soup**
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- **UHT Milk**
- **Pasta Sauce Jars**
- **Snack/Cereal Bars**
- **Mens and Womens**
- **Shampoo/conditioner**
- **Deodorant spray/roll-ons**
- **Shower gel**

**Thank you and blessings form the
Storehouse Team**

