

Long Melford Church of England Primary School and Nursery

Weekly Update – Friday 23rd January 2026

Upcoming Dates for Week commencing 26th January

Monday 26th January	Band Academy - CANCELLED Netball Club Colouring Club Y6 Maths Club
Tuesday 27th January	Y3 visit Sudbury Gymnastics Club Lego Club Singing Club Building Club Dance Club
Wednesday 28th January	Y3-6 Football Club
Thursday 29th January	Myth, Monster and Magical Creature Club Choosing Club Art Club Y1 and Y2 Football Club Y6 SPAG Revision Club
Friday 30th January	Girls' Football Club Band Academy - CANCELLED

Weekly Attendance

to 23/1/26

Reception	88%
Year 1	98% 
Year 2	90%
Year 3	92%
Year 4	89%
Year 5	97%
Year 6	84%

If your child is ill, please ring the school and leave a message **even if your child is in Nursery**. Thank you.

**This week's House
Winners:**

Fire

Our Christian Value is **Compassion**

Dinner Menu week commencing 26/1/26

	Core Menu	Allergen Free Menu
Monday	Cheese and Tomato Pizza or Cheese and Onion Slice or Jacket Potato with Cheese, Beans or Tuna Mayo or Hot Pasta with Tomato Sauce	Tomato and Basil Chicken or Veggie Stir Fry or Crispy Skin Jacket Potato with Veggie Bolognese or Baked Beans
Tuesday	Meatball Marinara Pasta or Mexican Bean Wrap or Jacket Potato with Cheese, Beans or Tuna Mayo or Hot Pasta with Tomato Sauce	Meatball Marinara Pasta or Roast Veg and Butter Bean Traybake or Crispy Skin Jacket Potato with Veggie Bolognese or Baked Beans
Wednesday	Roast Chicken or Root Vegetable and Bean Stew or Jacket Potato with Cheese, Beans or Tuna Mayo or Hot Pasta with Tomato Sauce	Roast Chicken or Mushroom and Sweet Potato Sausages or Crispy Skin Jacket Potato with Veggie Bolognese or Baked Beans
Thursday	Bangers and Mash or Veggie Bangers and Mash or Jacket Potato with Cheese, Beans or Tuna Mayo or Hot Pasta with Tomato Sauce	Cottage Pie or Shepherdless Pie or Crispy Skin Jacket Potato with Veggie Bolognese or Baked Beans
Friday	Fish Fingers and Chips or Cheesy Bean Wrap or Jacket Potato with Cheese, Beans or Tuna Mayo or Hot Pasta with Tomato Sauce	Southern Fried Chicken or Veggie Bean Patty or Crispy Skin Jacket Potato with Veggie Bolognese or Baked Beans

Certificate Winners

Fox Class – Sid, Ebenezar and Oliver

Simmonds Class – Lilly-Mae

Jemison Class – Mya, Ralph, Mack, Matthew and Tara

Earhart Class – Ruby, Tobias and Holly

Malala Class – Freddie, Erin and Jesse

Attenborough Class – Pippa and Reuben

Bowie Class – Hannah, Aylah-Jo and Noah-Samuel



Well done everyone!

Well done to everyone who got a certificate or a Reading Badge this week.

Congratulations to everyone in Fire who won the House Point Cup this week!



Letters sent out this week:

Year 5 – A letter regarding a trip to OSA to watch their production of “Frozen”.

Lates

On Friday, we had 14 children who were late into school – this is unusually high.

Primary school pupils are considered late (Code L) if they arrive after the register opens (8.55am) but before it closes at 9.30am.

Lateness after the register closes (Code U) is treated as an unauthorised absence, which if persistent, can lead to fines of £80-£160 per parent, per child.

Everyone has the odd ‘crisis’ and cannot help their child being late, however, if your child is persistently late please note that children do not like being late for school as they miss the start of an activity or lesson. Some feel quite embarrassed and miss talking to their friends and their teacher first thing in the morning – in some cases, it can dysregulate them for the rest of the session.

Mr Potter

A reminder that Mr Potter is on holiday this week and that there are therefore no music lessons or Band Academy.

First Aid Courses

This week, each of our classes will be undertaking a First Aid Workshop with Sue Roberts, nanny of one of our Fox Class children. Sue is a Paramedic and runs First Aid Courses in schools. She is also a member of FLuMPS and will be supported by the Friends of Long Melford Primary School in setting up the sessions.

Learning first aid in primary school is vital to empower children with life-saving skills, enabling them to act calmly in emergencies, prevent injuries from worsening, and build confidence. It teaches responsibility, risk awareness, and essential techniques like CPR when they are in Key Stage 2. I am really pleased that we have the opportunity to run this course for all our children.

Later in the year, Sue will be running First Aid Courses for parents – keep watching the Weekly Update for information.

Learning Conferences

The only problem with giving out dates in advance, is that sometimes you have to change them!

Due to the NFU Tractor visit, a visit from some of the Britten Sinfonia, an opportunity to see the OSA Frozen Production and three members of staff on training courses, we have had to jiggle the Learning Conference dates.

Monday 9th February – Year 1 and Year 5

Tuesday 10th February – Nursery and Year 4

Wednesday 11th February – Year 3 and Year 6

Thursday 12th February – Reception and Year 2

Apologies for any inconvenience that the date changes cause.

Letters will come out tomorrow for you to book appointments.

Car Parking

The Parking Wardens were outside school last week and have informed me that they have issued several fines to parents.

They have asked me to remind you that:

Parking outside primary schools is subject to strict safety regulations, with waiting, stopping, or parking prohibited on yellow zigzag lines during designated times, usually enforced by council Penalty Charge Notices (PCNs). Dangerous parking, including blocking entrances, dropping off on restricted areas, or obstructing pavements, is illegal and risks child safety.

They would like to encourage parents to use walking, cycling, or "park and stride" methods to reduce congestion around the school. The advice was to park in the street or in the Village Hall car park and to walk to school.

Cornard Dynamos Girls are RECRUITING!



WHAT WE OFFER

- FA Qualified coaches
- Fun, confidence building training
- Match day opportunities
- Friendly team atmosphere
- Building new friendships



AVAILABLE AGE GROUPS

- U8 – Year 3
- U11 – Year 6
- U12 – Year 7
- U14 – Year 9

Contact:  Lisa MacDonald, Girls Coach 07938 512849

KPOP DEMON HUNTERS

DANCE CAMP

BOOK NOW!



MONDAY 16TH FEBRUARY

COLNE ENGAIN VILLAGE HALL

9AM - 3PM

4 - 11 YEARS

£26

PERFORMANCE AT 2:45PM

DANCING

ARTS & CRAFTS

GAMES

To book or enquire please email
info@elizabethschoolofdance.com

Elizabeth
School of
Dance



Looking for dance classes
in the Sudbury Area?
Enquire for your free trial!

Tuesday

Preschool (3 & 4 yrs)
Tap, Ballet & Modern
1:30pm - 2:15pm

Stevenson Centre,
Great Cornard

Wednesday

Tap, Ballet & Modern

4 & 5yrs
4:45pm - 5:30pm

6-11 yrs
5:30pm - 6:15pm

Long Melford Old School
Community Centre

Thursday

Musical Theatre Dance (16+)
7:30pm - 8:15pm

Contemporary (16+)
8:15pm - 9:00pm

Long Melford Primary School



@elizabethschoolofdance

