

Long Melford Church of England Primary School and Nursery

Weekly Update – Friday 30th January 2026

Upcoming Dates for Week commencing 2nd February

Monday 2nd February	Choccy, our Reading Dog and Anna Y4 Clarinet Lessons Band Academy Netball Club Colouring Club Y6 Maths Club
Tuesday 3rd February	Y3 Visit Sudbury Gymnastics Club Dance Club Lego Club Singing Club Building Club
Wednesday 4th February	2.30pm Year 5 Class Assembly Y3-6 Football Club Band Academy
Thursday 5th February	Myth, Monster and Magical Creature Club Choosing Club Art Club Y1 and Y2 Football Club Y6 SPAG Revision Club
Friday 6th February	Girls' Football Club Band Academy

Weekly Attendance

to 30/1/26

Reception	76%
Year 1	*98%
Year 2	*98%
Year 3	*98%
Year 4	93%
Year 5	89%
Year 6	90%

**Year 1 had fewest Late marks*

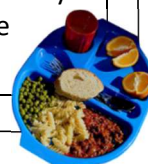
If your child is ill, please ring the school and leave a message **even if your child is in Nursery**. Thank you.

Our Christian Value is

Compassion

Dinner Menu week commencing 02/02/26

	Core Menu	Allergen Free Menu
Monday	Cheese and Tomato Pizza or Greek Pitta Pockets or Jacket Potato with Cheese, Beans or Tuna Mayo or Hot Pasta with Tomato Sauce	BBQ Chicken and Wedges or Green Veg and Butter Bean Stew or Crispy Skin Jacket Potato with Veggie Bolognese or Baked Beans
Tuesday	Lasagne or Veggie Lasagne or Jacket Potato with Cheese, Beans or Tuna Mayo or Hot Pasta with Tomato Sauce	Beef Bolognese with Spaghetti and Broccoli or Veggie Bolognese with Spaghetti and Broccoli or Crispy Skin Jacket Potato with Veggie Bolognese or Baked Beans
Wednesday	Roast Gammon or Cheddar and Broccoli Quiche or Jacket Potato with Cheese, Beans or Tuna Mayo or Hot Pasta with Tomato Sauce	Roast Gammon or Mushroom and Sweet Potato Sausages or Crispy Skin Jacket Potato with Veggie Bolognese or Baked Beans
Thursday	Sausage Roll or Veggie Sausage Roll or Jacket Potato with Cheese, Beans or Tuna Mayo or Hot Pasta with Tomato Sauce	Mild Chilli Con Carne or Vegetable Bean Chilli or Crispy Skin Jacket Potato with Veggie Bolognese or Baked Beans
Friday	Fish Fingers and Chips or Veggie Wrap and Chips or Jacket Potato with Cheese, Beans or Tuna Mayo or Hot Pasta with Tomato Sauce	Southern Fried Chicken or Veggie Bean Patty or Crispy Skin Jacket Potato with Veggie Bolognese or Baked Beans



Certificate Winners

Fox Class – Arthur, Amber and Jessica

Simmonds Class – Noah, Bert, Joseph, Lily, Nathaniel and Whole Class.

Jemison Class – Whole Class

Earhart Class – Bertie, Poppy and Oscar B

Malala Class – Omar, Akira and Archie

Attenborough Class – Martha and Alylah

Bowie Class – Whole Class

Well done everyone!

The Daily Mile Challenge

This week, the children have, once again, been running the Daily Mile Challenge where they had to see how many laps of the field they can run in 5 minutes. They have continued to show great determination in their running. The class that completes the most laps, receives a trophy for the week.

Congratulations to Malala Class who ran the most laps this week!



Out of School Achievements

If your child achieves something outside school, we would like to celebrate it!

Please send the information

and a picture to the school office – office@longmelfordprimaryschool.co.uk

Awesome running by Oscar

This weekend, Oscar completed his first timed 5km run at Great Cornard Park Run. Oscar ran the whole distance and completed it in 31 minutes!

He was the youngest runner on the day and finished 1st in his age group!

Huge congratulations Oscar - like your Mum, we are extremely proud of you for running 5km in 31minutes. That is truly awesome!



Huge congratulations to Long Melford U10s

Huge congratulations to Oliver, Elliot, Reuben and Wilfred, as well as the rest of the Long Melford U10s, who secured their first win, 2-1 against Halstead Youth.

The boys have shown great resilience, perseverance and team spirit this

season. They joined the league as

a brand-new team this season, have worked incredibly hard and fully deserve their excellent win.

Well done boys, just like your parents, we are really proud of you and look forward to hearing about more wins in the future.

Learning Conferences

Next week, we have Learning Conferences at school. Thank you to everyone who has already returned their form to arrange an appointment to see their child's class teacher – it is not too late to return it this week.

Monday 9th February – Year 1 and Year 5

Tuesday 10th February – Nursery and Year 4

Wednesday 11th February – Year 3 and Year 6

Thursday 12th February – Reception and Year 2

If you are unable to make the date for your child's class, please contact the school office or speak to your child's class teacher.

Letters sent out this week:

Learning Conference Letters were sent out to all classes – if you have not received the letter, please contact the School Office.

Bonjour Breakfast Club!

This week our Free Breakfast Club will be enriching the work that our children have been doing in French.

For the next week, at Breakfast Club, we will greet each other in French. As well as being able to ask each other, 'How are you?' and answer in French we have learnt what French children eat for breakfast and now, of course, we will now have to try it out for ourselves!



The petit-déjeuner menu will include croissants, pain au chocolat, crepes (pancakes), gaufres (waffles), confiture (jam), miel (honey) and lait au chocolat (chocolate milk). Of course, all our normal breakfast food will be available as well!

This week, the DfE are running a funding survey week on Breakfast Club. That means that I will get funded for the whole term, based on the number of children who attend this week.

If you are able to send your children in, they do not have to have breakfast (although the croissants, pain au chocolat and crepes are very tempting!). Even sending your child in at 8.30 without Breakfast will still bring in the funding that I need to be able to run this club. The DfE will calculate the average daily number of children who attend next week and will pay me £1 per day, per child.

Thanks to Mrs Mason for the idea of Petit-déjeuner linked to our French Curriculum and to the children in Breakfast Club for a fabulous menu! I am looking forward to seeing our waiters on Monday!

Year 5 Class Assembly - Parents and grandparents are invited to Attenborough Class' Assembly at 2.30pm on Wednesday 4th February.

First Aid Course

Last week we were joined by Sue Roberts for three days. Sue worked with all our classes (except Nursery) and taught them First Aid.

Years 3 to 6 were taught what to do if they came across an unconscious person, including putting people in the recovery position. They learnt how to do CPR (they did this to Baby Shark in case they came home singing it!). They also learnt about wounds, fractures, breaks, bumps and burns.

Reception, years 1 and 2 learnt about wounds and bumps.

They were all awesome and worked very hard. Sue was impressed by them!

I believe that learning first aid in primary school is an important life skill that will enable children to act calmly in emergencies, prevent injuries from worsening, and build confidence. It teaches responsibility, risk awareness, and essential techniques like CPR. I am really pleased that Sue has given us the opportunity to run this course for all our children, and that Sue has already promised that she will return and give the training again next year!

Later in the year, Sue will be running First Aid Courses for parents – keep watching the Weekly Update for information.

A huge thank you to Sue for her hard work in preparing and running the First Aid courses.

